



Seek to finish well

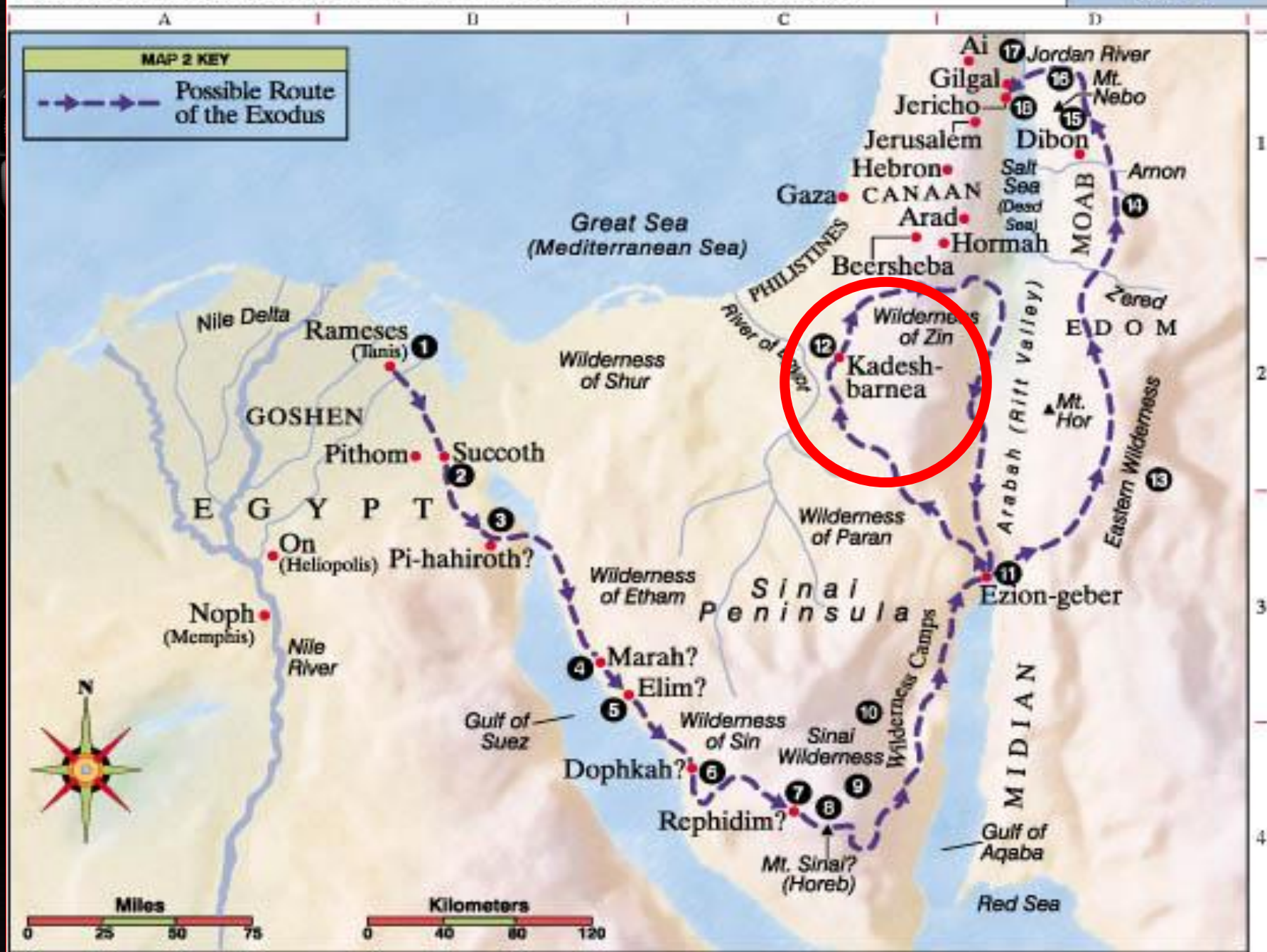
Numbers 20:1-13



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ISRAEL'S EXODUS FROM EGYPT AND ENTRY INTO CANAAN

MAP 2

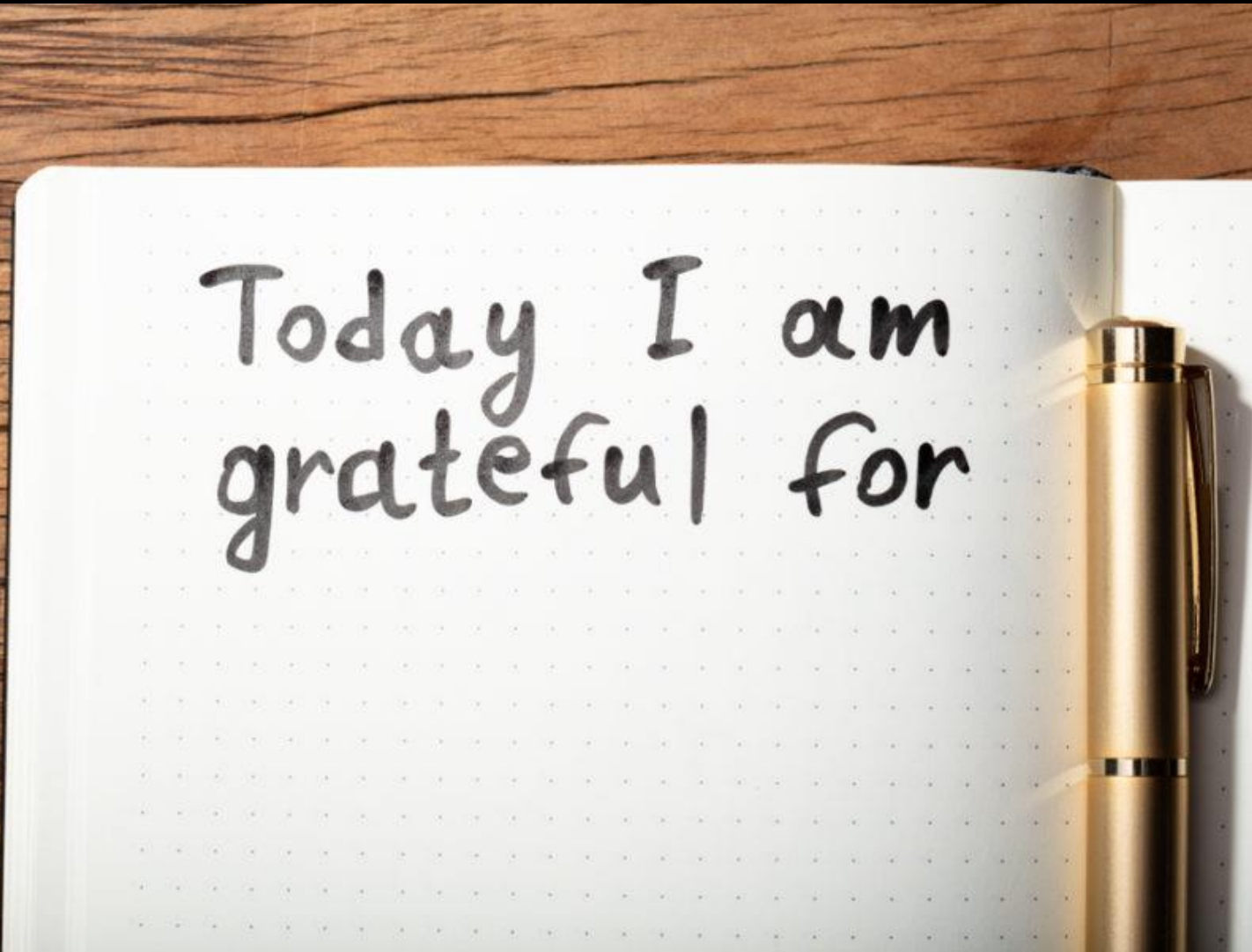




- **Spiritual habit of gratefulness**; Gratefulness to what God has done in the past and is doing in the present.
- **Spiritual habit of obedience**; Obedience in faith of God's commandments.
- **Spiritual habit of trust**; the trust we give to God for the future.



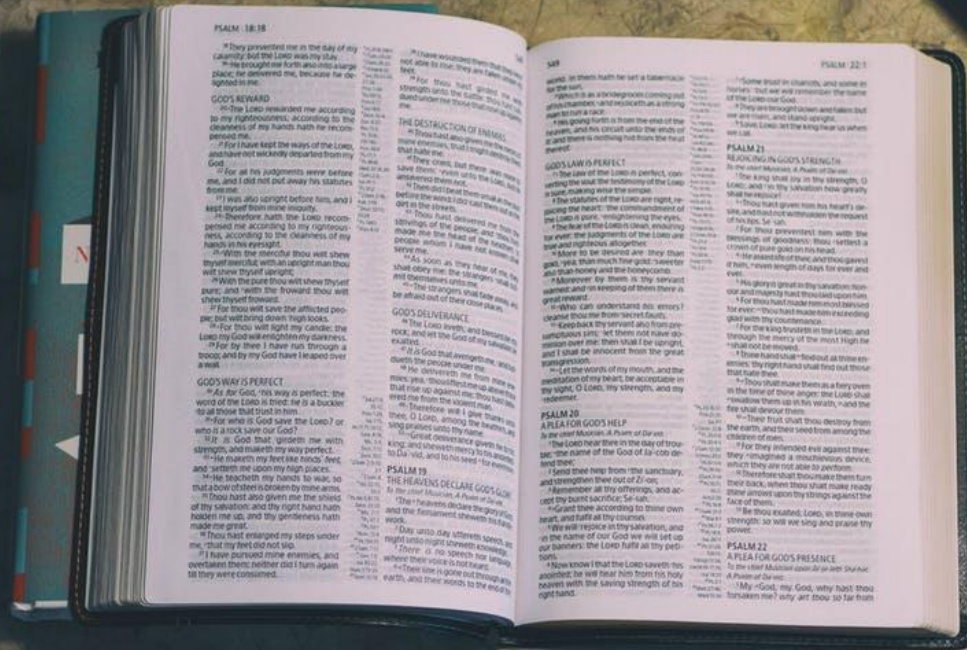
Spiritual Habit: Gratefulness



Today I am
grateful for



Spiritual Habit: Obedience



PSALM 18:18

They prevailed on in the day of my calamity, but the Lord was my help. He brought me forth also into a large place; he delivered me, because he delighted in me.

GOODS REWARD

On the Lord rewarded me according to my righteousness, according to the cleanness of my hands he recompensed me.

For I have kept the ways of the Lord, and have not wickedly departed from my God.

For all his judgments were before me, and I did not put away his statutes from me.

I was also upright before him, and I kept myself from vice secretly.

Therefore hath the Lord recompensed me according to the cleanness of my hands in his eyesight.

With the integrity that was set before thyself I sought with an upright man thou wilt show thyself upright.

When the pure thou wilt show thyself pure; and with the forehead thou wilt show thyself forehead.

For thou wilt save the afflicted people, but wilt bring down high looks.

For thou wilt light my candle: the Lord my God will enlighten my darkness.

For by thee I have run through a troop, and by my God have I leaped over a wall.

GOODS WAY IS PERFECT

As for God, his way is perfect: the word of the Lord is tried: he is a buckler to all those that trust in him.

For what is God save the Lord? or who is a rock save our God?

For it is God that girdeth me with strength, and maketh my way perfect.

He loosed my bonds to me, and setteth me upon my high places.

He loosed my bonds to me, so that a bow of steel is broken by mine arms.

I have also given me the shield of my salvation; and my right hand hath broken me up, and my gentleness hath made me great.

I have enlarged my steps under me, so that my feet did not slip.

I have pursued mine enemies, and overtaken them: neither did I turn again till they were consumed.

PSALM 18:19

I have wounded them, and they were not able to rise: they are fallen, and are as stubble; they are consumed as chaff.

For thou hast girded me with strength unto the battle, thou hast also made me to triumph over my adversaries.

They cry out, but show themselves as dumb: they are vexed, but there is no answerer thereof.

Therefore shall they be vexed as when they are vexed, and shall be as chaff before the wind.

Thou hast destroyed them, and thou hast made me the head of the heathen: for people return to me, and they are brought low before me.

As soon as they hear of me, they shall say: where is the strength of the Lord, and where is the power of his arm?

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PSALM 22:1

My God, my God, why hast thou forsaken me? why hast thou forsaken me? why hast thou forsaken me?

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Numbers 20:7-8

- 7 and the LORD spoke to Moses, saying, 8 **"Take the staff, and assemble the congregation, you and Aaron your brother, and tell the rock before their eyes to yield its water.** So you shall bring water out of the rock for them and give drink to the congregation and their cattle."



- Verse 9: And Moses took the staff from before the LORD (**Step 1 checked**), as he commanded him. 10 Then Moses and Aaron gathered the assembly together before the rock (**Step 2 checked**), and he said to them, "Hear now, you rebels: shall **we** bring water for you out of this rock?" 11 And Moses lifted up his hand and **struck the rock with his staff twice**, and water came out abundantly, and the congregation drank, and their livestock. (**Step 3: completely wrong**)



How to be emotionally healthy

- Safe People
- Safe Place
- Self-awareness



Self-awareness: emotional triggers

- What did they do that triggers you?
- What do you do in response?
- What is the impact of your response?



Spiritual Habit: Trust



