

Rested in His Presence

Psalms 42

When God appeared to Moses,
He revealed His Name :



יהוה

YAHWEH

I AM

Isaiah 42:8 & Exodus 3:14-15

יהוה

I AM THAT I AM

EXODUS 3:14

Y H W H

I Will Be What I Will Be

I AM...

YAHWEH-JIREH:

"The LORD Will
Provide" (Gen. 22:14)

YAHWEH-RAPHA:

"The LORD Who
Heals" (Exo. 15:26)

YAHWEH-NISSI:

"The LORD Our
Banner" (Exo. 17:15)

YAHWEH-

M'KADDESH: "The
LORD Who Sanctifies"
(Lev. 20:8)

YAHWEH-SHALOM:

"The LORD Our Peace"
(Judges 6:24)

YAHWEH-ELOHIM:

"LORD God" (Gen. 2:4)

YAHWEH-TSIDKENU:

"The LORD Our Right-
eousness" (Jer. 33:16)

YAHWEH-ROHI:

"The
LORD Our Shepherd"
(Psalms 23:1)

YAHWEH-SHAMMAH:

"The LORD Is There"
(Ezekiel 48:35)

YAHWEH-SABAOTH:

"The LORD of Hosts"
(Isaiah 1:24)

יְהוָה שָׁלוֹם

YHWH Shalom – I AM Peace

Jehovah Shalom – The Lord is Peace



**GOD'S
PRESENCE
BRINGS
PEACE.**

Sometimes

PEACE is seemingly destroyed...

Has the Presence of God left ?

How to deal
with troubles...

LEARNING FROM
KING DAVID

Psalms 42

As the deer pants for the water
brooks,
So pants my soul for You, O God.
My soul thirsts for God, for
the living God.
When shall I come and appear
before God?

³ My tears have been my food
day and night,
While they continually say to
me,
“Where *is* your God?”

⁴ When I remember these *things*,
I pour out my soul within me.

For I used to go with the
multitude;

I went with them to the house of
God,

With the voice of joy and praise,
With a multitude that kept a
pilgrim feast.

⁵ Why are you cast down, O my soul?

And *why* are you disquieted within me?

Hope in God, for I shall yet praise Him

For the help of His countenance.

⁶ O my God, my soul is cast
down within me;
Therefore I will remember You
from the land of the Jordan,
And from the heights of
Hermon,
From the Hill Mizar.

⁷ Deep calls unto deep at the
noise of Your waterfalls;
All Your waves and billows have
gone over me.

⁸ The Lord will command His
lovingkindness in the daytime,
And in the night His song *shall*
be with me— A prayer to the God
of my life.

⁹ I will say to God my Rock,
“Why have You forgotten me?
Why do I go mourning because
of the oppression of the
enemy?”

¹⁰ As with a breaking of my
bones,
My enemies reproach me,

While they say to me all day long,
“Where *is* your God?”

¹¹ Why are you cast down, O my
soul?

And why are you disquieted within
me?

Hope in God;

For I shall yet praise Him,

The help of my countenance and
my God.

- Written by King David for the sons of Korah to sing?
- Written by the sons of Korah using the style of King David?

Probably written by King David
during the time of being
pursued by Saul.

**Can
you hear the
anguish and
the pain of
his soul?**

³ My tears have been my food
day and night,
While they continually say to
me,
“Where *is* your God?”

⁴ When I remember
these things,
I pour out my soul within me.

⁹ I will say to God my Rock,
“Why have You forgotten me?
Why do I go mourning because
of the oppression of the
enemy?”

¹⁰ As with a breaking of my
bones,
My enemies reproach me,

Have you come to a point in your life when you almost gave up? And you say “Lord, I can’t endure it anymore !”

Have you come to a point when
you were just obeying God,
doing what you believe God
wants ...

WHEN YOU ARE DOING RIGHT...
WHEN YOU GET CLOSE TO GOD...

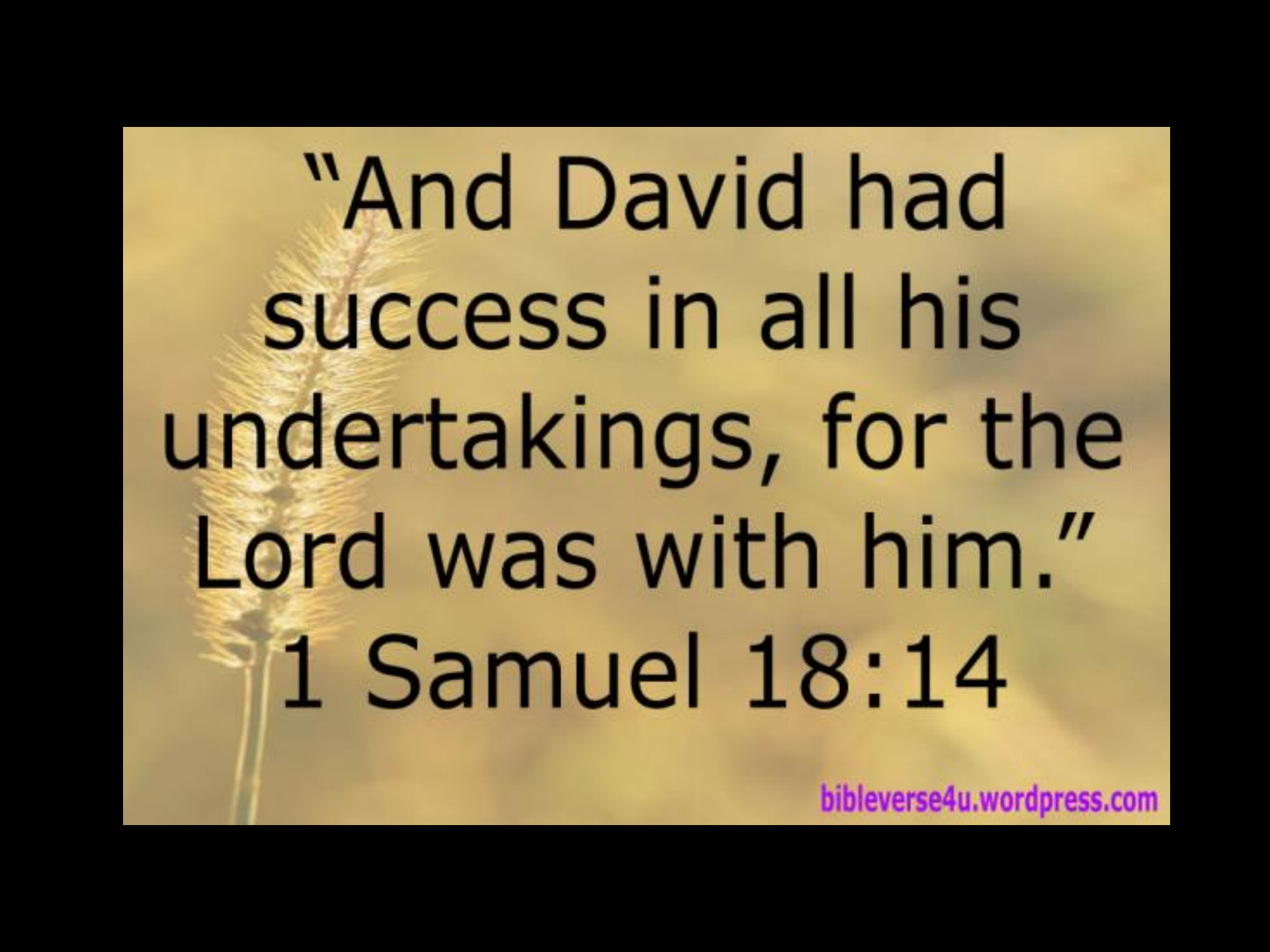
1 Kings 15:5

For David had done what was right in the eyes of the Lord and had not failed to keep any of the Lord's commands all the days of his life—except in the case of Uriah the Hittite.

David was just being faithful giving
his best doing God's work and
persecution and trials came...

What wrong did
David do?

It started when Samuel took the horn of oil and anointed him in the presence of his brothers, and from that day on the Spirit of the Lord came powerfully upon David.



“And David had
success in all his
undertakings, for the
Lord was with him.”

1 Samuel 18:14

He killed Goliath and saved Israel!

What did all these
successes get David?



Because of the anointing of
the Holy Spirit upon David

Jealousy

Saul tried to kill David

David had to flee...

This spiritual giant even had to
pretend to be mad to save his life !

**HE DIDN'T DO
ANYTHING
WRONG.**

BUT TROUBLES ...

Lord, I didn't ask for this!
You promised... but look at
me today!

It is so difficult to see God in
all these happenings...

**WHERE
IS
GOD?**

1 Samuel 30 : 6

David was greatly distressed because the men were talking of stoning him... but David found strength (strengthened himself) in the Lord his God.

1.

He looked for God...

... to bring everything to the
Lord in prayer!

Psalms are the prayers of
David!

Can use Bible passages eg the
psalms or songs/hymns as prayers to
the Lord

Precious Lord, Take My Hands

Rev Thomas Andrew Dorsey

Written in Chicago in 1932

Wife: Nettie

Precious Lord, take my hands

Precious Lord, take my hand

Lead me on

Let me stand

I'm tired, I am weak I am

worn

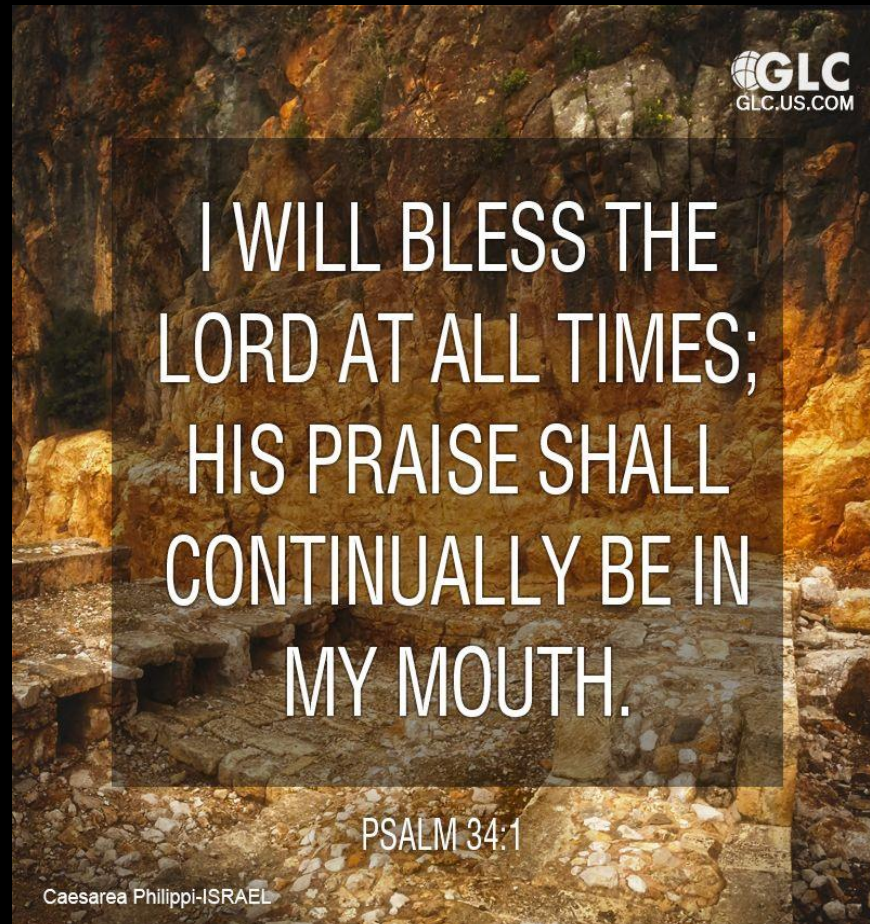
Through the storm,
through the night
Lead me on to the light
Take my hand precious Lord,
lead me home

When my way grows drear
precious Lord linger near
When my life is almost gone

Hear my cry
Hear my call
Hold my hand lest I fall
Take my hand precious Lord,
lead me home

2. Acknowledge that God is in control.
He loves me and He knows best

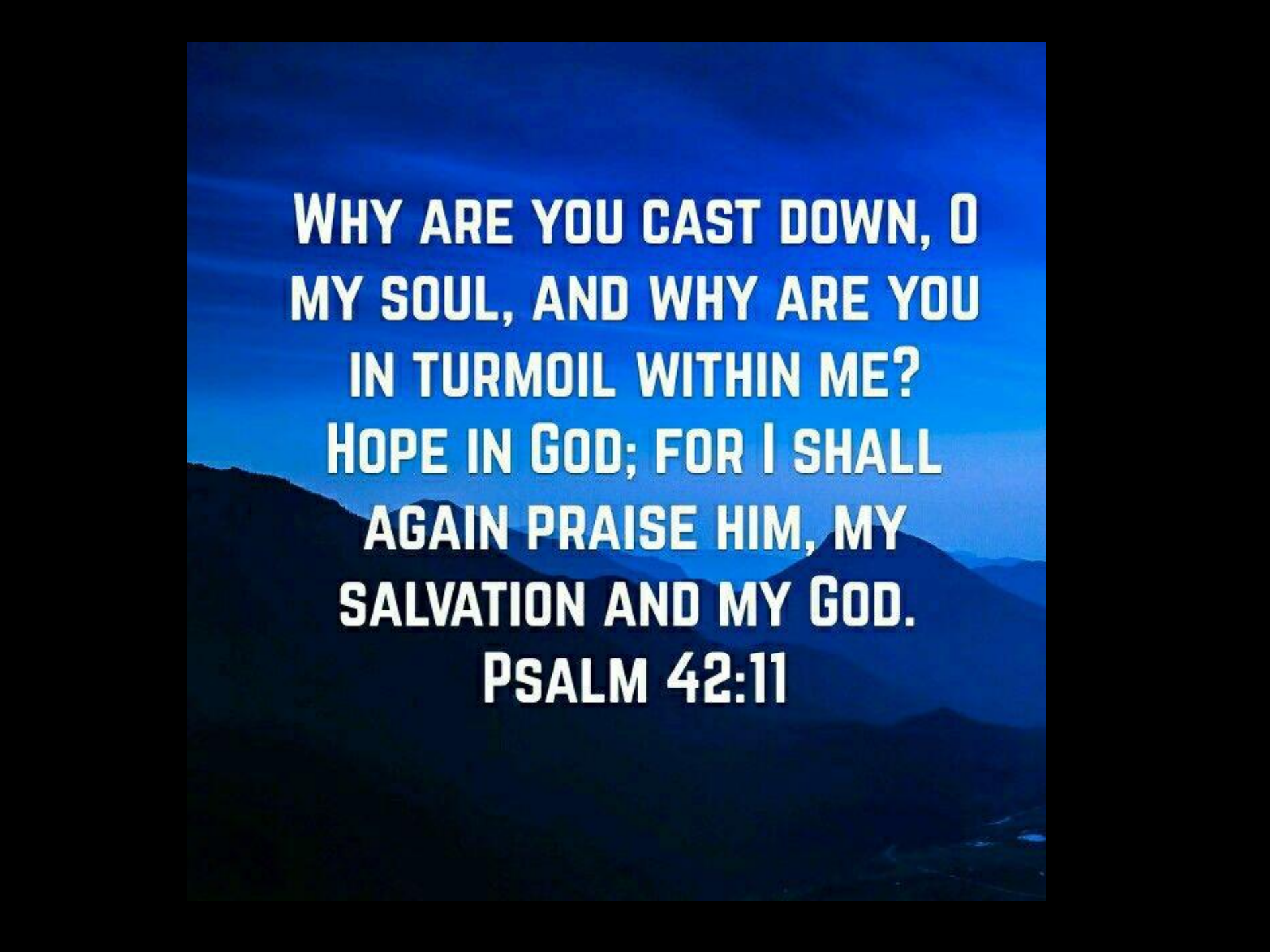
3. Praise at all times and in all circumstances



"Why are you so
downcast, O my
soul?... Put your hope
in God for I will yet
praise Him!"

Psalm 42:5

itsnancy.com



**WHY ARE YOU CAST DOWN, O
MY SOUL, AND WHY ARE YOU
IN TURMOIL WITHIN ME?
HOPE IN GOD; FOR I SHALL
AGAIN PRAISE HIM, MY
SALVATION AND MY GOD.
PSALM 42:11**

Forced yourself to praise

1. Make a list of answered prayers in your life
2. Forced yourself to look at the 99 things that are going right instead of focusing on the one thing that is going wrong. Eg. Even in ill health, things could have been even more wrong.
3. Dwelling on the “what I think I deserve” and self-pity are forms of self-idolatry.

Forced Praise vs Fake Praise

Forced praise - when you acknowledge your pain but you force yourself to find things that you can be truly thankful for.

Fake praise – when you just pretend to praise

4. Focus on His promises

"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

- Isaiah 41:10; NIV



**When you pass through the waters
I will be with you**

**When you pass through the rivers
They will not sweep over you**

**When you walk through the fire
You will not be burned**

**The flames will not set you ablaze
Isaiah 43:2**

5. Go and help someone else


Whatever you focus on (no matter how small) can block out the world!

5. Go and help someone else

- Pray for their needs
- Help the less fortunate
- Write a note of encouragement to someone. Such notes will always bring joy and strength to everyone.
- Their testimonies will be sources of encouragement and praise.

How to encourage yourself in the Lord

1. Look for God to bring all to the Lord in prayer
2. Acknowledge God is in control – He loves me and He knows best
3. Praise at all times and in all circumstances
4. Focus on the promises of God
5. Go and help someone else – stop focusing on yourself!

A photograph of a field of golden wheat in the foreground, with a bright sun flare in the upper right corner and a clear blue sky. The background is softly blurred, showing green hills.

Weeping may last
through the night,
But joy comes
with the morning.

Psalm 30:5

A person is standing on a rocky shore, looking out at the ocean under a dark, stormy sky. The person is silhouetted against the lighter water and sky. The overall mood is contemplative and serene despite the weather.

**PEACE IS NOT
THE ABSENCE OF STORMS.**

Peace is the presence of God.



**GOD'S
PRESENCE
BRINGS
PEACE.**

יְהוָה שָׁלוֹם

YHWH Shalom – I AM Peace

Jehovah Shalom – The Lord is Peace

End