

PENTECOST METHODIST CHURCH

LIVE-IT-OUT GUIDE

Sermon Date: 17/10/2021

Text(s): 1 Thessalonians 5:1–10

Sermon Title: Sober Up

Preacher: Ps Isaac Tan

(The sermon recording is available in the PMC website and MyPMC App)

READ (5 mins)

1 Thessalonians 5:1–10 (ESV)

1 Now concerning the times and the seasons, brothers, you have no need to have anything written to you.

2 For you yourselves are fully aware that the day of the Lord will come like a thief in the night.

3 While people are saying, “There is peace and security,” then sudden destruction will come upon them as labor pains come upon a pregnant woman, and they will not escape.

4 But you are not in darkness, brothers, for that day to surprise you like a thief.

5 For you are all children of light, children of the day. We are not of the night or of the darkness.

6 So then let us not sleep, as others do, but let us keep awake and be sober.

7 For those who sleep, sleep at night, and those who get drunk, are drunk at night.

8 But since we belong to the day, let us be sober, having put on the breastplate of faith and love, and for a helmet the hope of salvation.

9 For God has not destined us for wrath, but to obtain salvation through our Lord Jesus Christ,

10 who died for us so that whether we are awake or asleep we might live with him.

RELATE (30 mins)

(Relate to what was shared and on key themes in the sermon)

- 1. The sermon began with a reference to being asleep and being awakened. Anyone ever fell asleep in class or during lecture whether in primary or secondary school, at JC, Poly or Uni? Were you caught and rudely awakened?**
- 2. How can Christians be asleep today, spiritually speaking? Can being ignorant or being nonchalant of spiritual things be counted as being asleep? Please share freely.**

3. The preacher said, “This sense of peace and security was causing the non-Christians at Thessalonica to live in a superficial manner.” Is living in a superficial manner the same as being spiritually asleep as we just discussed? Can Christians live in a superficial manner if we are spiritually asleep, and what happens when we do that?

REFLECT (30 mins)

(Reflect and apply God’s word to our daily lives)

1. If we’re not to be sleeping spiritually, what should we be doing? Borrowing the words of Apostle Paul, the preacher said we are to sober up and fight. What did *sober up* mean to the Thessalonians and what might it be mean for us today?
2. If we read verses 11 to 18, we see Paul giving many instructions. How do we remember all of them? What was the preacher’s suggestion? And how do we move forward from there?

REST (15 mins)

(Take time to share and pray for one another)

(Pray for our church, our nation, and our world. See MyPMC > PRAY for monthly guide)

- Pray for one another to be consistent in our personal worship and be rested in God’s promises.
- Pray for our church to be a people who are spiritually alert, on guard, and ready to obey and follow the leading of the Holy Spirit.
- Pray for the MCS to continue to be strong and stable, able to meet needs in Singapore, and stand out as a true witness of Christ Jesus.