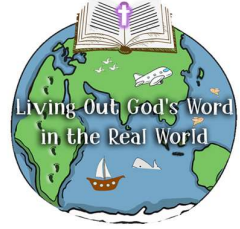


PENTECOST METHODIST CHURCH
LIVE-IT-OUT GUIDE



Sermon Date: 27/1/19

Text/s: Ecclesiastes 3:1-8

Title: What's the meaning of life?

Preacher: Rev Lai Kai Ming

(The sermon recording and slides are available in the PMC website and MyPMC App)

READ (5 mins)

(Read the Bible text/s, quietly or aloud)

REFLECT (20 mins)

(Reflect on key themes and questions in the text/s)

1. Take a closer look at Ecclesiastes 3:2-8. There are 14 sets of “opposites” in Solomon’s poem on Time. Ask each member of the group to pick 1 out of the 14, and share why that particular one means most to his/her life right now.

2. The preacher suggested that the meaning of life can be explored by answering the following 3 questions:

- Who am I?
- What am I doing here?
- Where am I going?

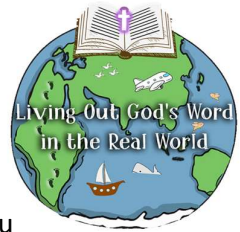
Which of the above do you grapple most with? Why?

(Suggestion: conduct a poll of the 3 questions, and discuss the 1 that figures highest in the poll.)

3. Read Acts 17:24-28 together. Share with each other how these verses encourage you to trust God for your past, present and future.

Additional question:

4. It is said that happiness is the goal of life. How does this confirm or contradict the Christian perspective of life, especially with regards to the need for self-denial (Luke 9:23) and the ultimate goal of becoming like Christ? (Ephesians 4:22-24)



RELATE (20 mins)

(Relate and apply God's word to our daily lives)

1. Read together Ps 139 :13-16. Share briefly how you feel about what you have just read. Then go one round, praying for the person on your left using these Scripture verses.
2. We are called to "love and be loved", as this sums up the commandments of God (Romans 13:8-10). Share with your group the name of a person (at work, home, church) whom you find hard to love, or receive love from. Do something this week about it, with the Holy Spirit's help.

REST (15 mins)

(Take time to share and pray for one another)

(Pray for our church, our nation, and our world. See MyPMC > PRAY for weekly guide)