

# PENTECOST METHODIST CHURCH

## LIVE-IT-OUT GUIDE

**Sermon Date: 04/10/2020**

**Text(s): Mark 14:12–17, 22–26**

**Sermon Title: Jesus And His Eucharist**

**Preacher: Rev Dr Jonathan Seet**

(The sermon recording is available in the PMC website and MyPMC App)

### **READ (5 mins)**

#### **Mark 14:12–17 (NIV84)**

**12** On the first day of the Feast of Unleavened Bread, when it was customary to sacrifice the Passover lamb, Jesus' disciples asked him, "Where do you want us to go and make preparations for you to eat the Passover?"

**13** So he sent two of his disciples, telling them, "Go into the city, and a man carrying a jar of water will meet you. Follow him.

**14** Say to the owner of the house he enters, 'The Teacher asks: Where is my guest room, where I may eat the Passover with my disciples?'

**15** He will show you a large upper room, furnished and ready. Make preparations for us there."

**16** The disciples left, went into the city and found things just as Jesus had told them. So they prepared the Passover.

**17** When evening came, Jesus arrived with the Twelve.

#### **Mark 14:22–26 (NIV84)**

**22** While they were eating, Jesus took bread, gave thanks and broke it, and gave it to his disciples, saying, "Take it; this is my body."

**23** Then he took the cup, gave thanks and offered it to them, and they all drank from it.

**24** "This is my blood of the covenant, which is poured out for many," he said to them.

**25** "I tell you the truth, I will not drink again of the fruit of the vine until that day when I drink it anew in the kingdom of God."

**26** When they had sung a hymn, they went out to the Mount of Olives.

#### **Exodus 6:6–7 (NIV84)**

**6** "Therefore, say to the Israelites: 'I am the LORD, and I will bring you out from under the yoke of the Egyptians. I will free you from being slaves to them, and I will redeem you with an outstretched arm and with mighty acts of judgment.

**7** I will take you as my own people, and I will be your God. Then you will know that I am the LORD your God, who brought you out from under the yoke of the Egyptians.

### **RELATE (30 mins)**

(Relate to what was shared and on key themes in the sermon)

- 1. In the Passover Feast, there will be a piece of unleavened bread, the Afikomen, which is broken to pieces and given to everyone participating in the feast together. There will also be 4 cups: the Cup of Sanctification, the Cup of Deliverance, the Cup of Redemption, and the Cup of Praise/Consummation. From the sermon, do you remember which of these 4 cups did Jesus say was His Cup of the Covenant? What do you see as the significance of this?**
- 2. Even though we don't celebrate the whole meal today (the Lord's Supper), we continue to remember the Lord's suffering, death and resurrection through the partaking of the Holy Communion elements. Like many other churches, the Methodist Holy Communion rituals are taken from 1 Corinthians 11:23–26. However, different churches hold different theological positions concerning the elements. The 4 positions are Transubstantiation, Consubstantiation, Memorial, and Spiritual Presence. Can you recall the explanation of each these positions, and which is the position of the Methodist Church?**
- 3. Holy Communion is also called the Eucharist (Greek for giving thanks). The preacher said we are not to focus on ourselves or our sins but to focus on thanksgiving and the finished work of Jesus. It is a time to give thanks, not a time to mourn. Why do we have a tendency to focus on our sins during Holy Communion? Why do so many Christians take Holy Communion without joy in their hearts?**

### **REFLECT (30 mins)**

(Reflect and apply God's word to our daily lives)

- 1. During the Middle Ages, the Roman Catholic Church did not permit the lay people to partake of both the bread and the cup during Holy Communion. Only the priests partook of both, while the lay people were only given the bread. John Huss, a Czech theologian, disagreed with this practice, believing that both the bread and the cup should be served to the people. For this, he was sentenced to be burned to death at the stake. If you see something not quite right among God's people, would you dare to speak up or do you prefer to ignore it? When is it right to speak up and when is it right to let things pass?**

2. **Let's revisit our view of the Holy Communion elements which is the Reformed view. Here, we believe the spiritual presence of the Lord Jesus is found in the elements when we partake of Holy Communion. Therefore, there is grace for healing for us when we take Holy Communion. And as we receive, we are empowered to also give. What have you learned from the message about what we may receive and what we may give when we partake of Holy Communion?**

**REST (15 mins)**

(Take time to share and pray for one another)

(Pray for our church, our nation, and our world. See MyPMC > PRAY for weekly guide)

- Pray for one another to truly understand the meaning and purpose of Holy Communion and that we would go and be a source of healing to others after we've received healing for our soul and body from the partaking of Holy Communion.
- Pray for our church to be a community that reflects the priorities of the Kingdom of God, one that knows the Word and the Heart of God.
- Pray for the churches in Singapore to have a stronger witness in Singapore and beyond in the days to come.