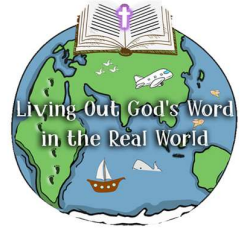


PENTECOST METHODIST CHURCH
LIVE-IT-OUT GUIDE



Sermon Date: 11/08/2019

Text/s: Psalm 42

Title: Rested In His Presence

Preacher: Rev Dr Jonathan Seet

(The sermon recording and slides are available in the PMC website and MyPMC App)

READ (5 mins)

(Read the Bible text/s, quietly or aloud)

REFLECT (30 mins)

(Reflect on key themes and questions in the text/s)

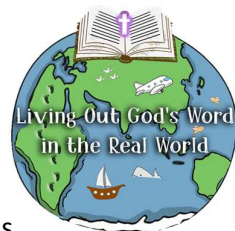
1. A deer seeks flowing streams out of its thirst. What could have caused the psalmist (David) to desire the presence of God? Use one word to describe his circumstances.

2. Read verse 5. The psalmist had a dialogue with himself. Identify the words/phrases that reflect his doubts and also his hope. Is it possible to have doubts and hope at the same time? Explain.

3. Read verse 8. The psalmist's situation was difficult and no improvement was in sight. But note the actions of God and that of the psalmist in this verse. How would these actions encourage him in his situation?

Additional question

4. Read verses 3, 9 and 10. Do you see any difference between the enemies' question "Where is your God?" and the psalmist's "Why have you forgotten me?"



RELATE (30 mins)

(Relate and apply God's word to our daily lives)

1. Share a time when you were thirsty for God and how your thirst was quenched.

2. The preacher suggested the following actions when we face challenging situations:
 - Look for God
 - Acknowledge that God is in control
 - Praise at all times and in all circumstances
 - Focus on God's promises
 - Go and help someone else

From the above, pick one that you have put into practice and share how it has helped you, or pick one that you think you can learn to do during trying times.

REST (15 mins)

(Take time to share and pray for one another)

(Pray for our church, our nation, and our world. See MyPMC > PRAY for weekly guide)