

PENTECOST METHODIST CHURCH

LIVE-IT-OUT GUIDE

Sermon Date: 06/06/2021

Text(s): Philippians 3:1–11

Sermon Title: Old and New

Preacher: Rev Collin See

(The sermon recording is available in the PMC website and MyPMC App)

READ (5 mins)

Philippians 3:1–11 (NLT)

1 Whatever happens, my dear brothers and sisters, rejoice in the Lord. I never get tired of telling you these things, and I do it to safeguard your faith.

2 Watch out for those dogs, those people who do evil, those mutilators who say you must be circumcised to be saved.

3 For we who worship by the Spirit of God are the ones who are truly circumcised. We rely on what Christ Jesus has done for us. We put no confidence in human effort,

4 though I could have confidence in my own effort if anyone could. Indeed, if others have reason for confidence in their own efforts, I have even more!

5 I was circumcised when I was eight days old. I am a pure-blooded citizen of Israel and a member of the tribe of Benjamin—a real Hebrew if there ever was one! I was a member of the Pharisees, who demand the strictest obedience to the Jewish law.

6 I was so zealous that I harshly persecuted the church. And as for righteousness, I obeyed the law without fault.

7 I once thought these things were valuable, but now I consider them worthless because of what Christ has done.

8 Yes, everything else is worthless when compared with the infinite value of knowing Christ Jesus my Lord. For his sake I have discarded everything else, counting it all as garbage, so that I could gain Christ

9 and become one with him. I no longer count on my own righteousness through obeying the law; rather, I become righteous through faith in Christ. For God's way of making us right with himself depends on faith.

10 I want to know Christ and experience the mighty power that raised him from the dead. I want to suffer with him, sharing in his death,

11 so that one way or another I will experience the resurrection from the dead!

RELATE (30 mins)

(Relate to what was shared and on key themes in the sermon)

- 1. This week's sermon touched on the topic of changed. All of us have made changes to our way of life for the past one over year. What are some changes you have made (or have had to make) at home, at work and at church? What are some things you refused to change? Share as many as you can think of.**

2. **From the Bible passage for today, we see that Paul, at one time, put his confidence in his physical efforts, heritage and status, and his zealous self. What is the real issue here? How do we move from the old to the new and live out our lives the way it is meant to be?**

3. **In the sermon, the preacher echoed Apostle Paul and called for us to rejoice no matter what happens. Is it possible for a person to rejoice whatever the situation is? What could some reasons why one is not able to rejoice in challenging times?**

REFLECT (30 mins)

(Reflect and apply God's word to our daily lives)

1. **From the old self to the new self. What does the new self look like? Share a few pointers from the sermon and also a few thoughts you have from other Bible passages.**

2. **We know what the new self looks like. We know our hearts need to be circumcised. What is one very important point we need to learn from Apostle Paul that was highlighted by the preacher as we continue on with the process to live out the new self? And who can help us in this process of change?**

REST (15 mins)

(Take time to share and pray for one another)

(Pray for our church, our nation, and our world. See **MyPMC > PRAY** for the monthly guide)

- Pray for one another to have the joy of the Lord whatever the circumstance, and to know Christ personally and intimately.

- *Pray for our church to be a people that live and worship by the Holy Spirit, allowing the Holy Spirit to circumcise our hearts and renew us from within.*

- Pray for the MCS to continue to be strong and stable, able to meet needs in Singapore, and stand out as a true witness of Christ Jesus.