PENTECOST METHODIST CHURCH

LIVE-IT-OUT GUIDE

Sermon Date: 07/05/2023 Text(s): Psalm 31:1-8

Sermon Title: Images of God - Rock

Preachers: Ps Isaac Tan

(The sermon recording is available in the PMC website and MyPMC App)

READ (5 mins)

Psalm 31:1-8 (ESV)

1 In you, O LORD, do I take refuge; let me never be put to shame; in your righteousness deliver me!

- **2** Incline your ear to me; rescue me speedily! Be a rock of refuge for me, a strong fortress to save me!
- 3 For you are my rock and my fortress; and for your name's sake you lead me and guide me;
- 4 you take me out of the net they have hidden for me, for you are my refuge.
- 5 Into your hand I commit my spirit; you have redeemed me, O LORD, faithful God.
- **6** I hate those who pay regard to worthless idols, but I trust in the LORD.
- **7** I will rejoice and be glad in your steadfast love, because you have seen my affliction; you have known the distress of my soul,
- **8** and you have not delivered me into the hand of the enemy; you have set my feet in a broad place.

RELATE (30 mins)

(Relate to what was shared and on key themes in the sermon)

- 1. For millenniums people have been looking to fortresses of rock for safety and protection. Why do we feel like we need a "fortress" to protect us? What types of "fortresses" do people in today's world look to for safety and protection in the various contexts that relate to us in Singapore?
- 2. King David dealt with both inner and outer trials. What were his inner and outer trials in Psalm 31? What inner and outer trials have you faced before? Did you respond the way David did and experience drawing closer to God like he did?

REFLECT (30 mins)

(Reflect and apply God's word to our daily lives)

- 1. Every one of us has our own share of inner and outer trials. In the sermon we learned that David loved God for who He is and not only for what God could provide for him. What does it mean to love God for who He is? How can we believers mature in this love more and more?
- 2. David addressed God as Lord in Psalm 31:5 while Jesus addressed God as Father in Luke 23:46. Are you comfortable with addressing God as Father? Why or why not? If you do address God as Father frequently, share the steps and understandings that helped you get to where you are today in your relationship with Father God.

REST (15 mins)

(Take time to share and pray for one another)
(Pray for our church, our nation, and our world. See MyPMC > PRAY for monthly guide)

- Pray for one another to develop the habit of looking to Christ as our Rock and Redeemer on a daily basis in every situation we face.
- Pray for our life groups and our church to who would grow to love the Father for who He is to us and not only for what He can do for us.
- Pray for the MCS to continue to be strong and stable, able to meet needs in Singapore, and stand out as a true witness of Christ Jesus.