

PENTECOST METHODIST CHURCH

LIVE-IT-OUT GUIDE

Sermon Date: 30/04/2023

Text(s): Ecclesiastes 3:1-13

Sermon Title: Seasons of Life

Preachers: Rev Dr Jonathan Seet

(The sermon recording is available in the PMC website and MyPMC App)

READ (5 mins)

Ecclesiastes 3:1–13 (NKJV)

1 To everything *there is* a season, A time for every purpose under heaven:

2 A time to be born, And a time to die; A time to plant, And a time to pluck *what is* planted;

3 A time to kill, And a time to heal; A time to break down, And a time to build up;

4 A time to weep, And a time to laugh; A time to mourn, And a time to dance;

5 A time to cast away stones, And a time to gather stones; A time to embrace, And a time to refrain from embracing;

6 A time to gain, And a time to lose; A time to keep, And a time to throw away;

7 A time to tear, And a time to sew; A time to keep silence, And a time to speak;

8 A time to love, And a time to hate; A time of war, And a time of peace.

9 What profit has the worker from that in which he labors?

10 I have seen the God-given task with which the sons of men are to be occupied.

11 He has made everything beautiful in its time. Also He has put eternity in their hearts, except that no one can find out the work that God does from beginning to end.

12 I know that nothing *is* better for them than to rejoice, and to do good in their lives,

13 and also that every man should eat and drink and enjoy the good of all his labor—it *is* the gift of God.

RELATE (30 mins)

(Relate to what was shared and on key themes in the sermon)

- 1. The beginning of the sermon touches on the wonder of childhood. For the parents in the life groups, share how it was for you raising your child(ren) in their early years. Do these learning points apply to the teaching of new believers in the family of God?**
- 2. The second part of the sermon touches on the energy of youth. What were you like when you were a youth? What are some key lessons you learned that helped you mature and be more like Christ as you were reaching adulthood?**

REFLECT (30 mins)

(Reflect and apply God's word to our daily lives)

1. **The third season of life is the Strength of Adulthood. Adulthood can be a very exciting and rewarding period. However, change is a constant factor throughout this stage. What are some major changes you've experienced thus far? What are some things that can help us handle changes better and even make use of it?**

2. **The fourth season of life is The Glory of Age. How are you living your life to the fullest if you're at this stage? For the rest of us, how can we help those at this stage live life to the fullest?**

REST (15 mins)

(Take time to share and pray for one another)

(Pray for our church, our nation, and our world. See MyPMC > PRAY for monthly guide)

- Pray for one another to be given wisdom from the Spirit of God to handle the changes we experience in life.
- Pray for our life groups and our church to grow from glory to glory and reflect Christ.
- Pray for the MCS to continue to be strong and stable, able to meet needs in Singapore, and stand out as a true witness of Christ Jesus.