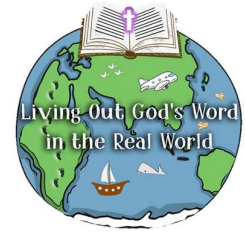


PENTECOST METHODIST CHURCH
LIVE-IT-OUT GUIDE



Sermon Date: 31/03/2019

Text/s: Isaiah 58:1-12

Title: What Is True Religion?

Preacher: Tan Tiang Keng

(The sermon recording and slides are available in the PMC website and MyPMC App)

READ (5 mins)

(Read the Bible text/s, quietly or aloud)

REFLECT (30 mins)

(Reflect on key themes and questions in the text/s)

1. What is the purpose of fasting? (cf. Jonah 3:6-10, Esther 4:26; Ezra 8:21, Matthew 4:1-2, Acts 14:23) [Suggestion: ask 5 members from the LG to look up the texts and read aloud to the group]

2. Read verses 3-5. What is the main issue God had with the Israelites? When are religious practices (e.g. bible study, prayer, almsgiving) abhorrent to God?

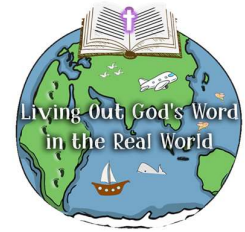
3. Read verses 6-7. God associates a true fast with acts of social justice. What does it tell you about God? Who are those described as "your own flesh" in verse 7?

Additional question

4. Read verses 9-10. God desires His people to (a) seek freedom of the oppressed, (b) meet physical needs of the needy and (c) advocate for respect and dignity of the mistreated. Which of the three is closest to your heart? Share why.

RELATE (30 mins)

(Relate and apply God's word to our daily lives)



1. How do you view people who belong to the low-income group (e.g. people who earn \$1,500 or less per household)? Do you interact with any one of them personally or allow your family members e.g. children to interact with them/their children? Why?

2. Pick one of the following: seek freedom of the oppressed, meet physical needs of the needy or advocate for respect and dignity of the mistreated, and share how you can live it out within your power or sphere of influence. Pray for one another.

REST (15 mins)

(Take time to share and pray for one another)

(Pray for our church, our nation, and our world. See MyPMC > PRAY for weekly guide)